Top Recommended Resources for Finding and Applying for Internships

1. **EPM website → Resources page**
   a. List of Environmental Institutions in the Sacramento Region doc: learn about what institutions are in the neighborhood
   b. Internship Resources doc: list of completed internships and recurring internships by specialization
   c. Past UCD Environmental Internships spreadsheet: a list of relevant internships completed by UCD students EPM and non-EPM (*under construction*).

2. **Student Listservs**
   a. EPM: Read the weekly EPM email to learn about specific new opportunities
   b. Sign up for other UCD listservs where desired:
      i. Muir Institute: lists relevant job, internship, and fellowship opportunities (contact coordinator Mabel Oen, myoen@ucdavis.edu)
      ii. ESM/EPAP: these environmental bachelors programs receive lots of relevant opportunities (contact advisor Melissa Whaley, mmwhaley@ucdavis.edu)
      iii. Any other related department in an area you’re studying (TTP, WFC, etc)

3. **Handshake**: lists on- and off-campus employment opportunities

4. **Internship and Career Center (ICC)**
   a. Find dates and times for career/internship fairs {learn about institutions and employment opportunities; network}
   b. One-on-one meeting with an advisor {hone internship strategy}

5. **Your alumni listserv**: some alumni listservs send out job/internship announcements--you might benefit from joining such listservs for degrees you’ve completed in the past.

6. **Internships.com**: search for environmental internship opportunities by area (e.g. surrounding UCD)

7. **Websites for state and federal government**: CalHR.ca.gov (state), USAjobs.gov (federal).
   Narrow by geographical region (e.g. Sacramento) and use search terms such as “Graduate Assistant” and “Internship”.

8. **Websites for individual institutions**: government, private and non-profit sectors (e.g. CalEPA, ERA Economics, or Nature Conservancy)

*Please email suggested additions or corrections to Jessica Penrose (japenrose@ucdavis.edu)*